

**Are you a parent or caregiver  
of a child  
with Autism or Aspergers?**

You are invited to join a Support Group for parents of children on the Autism Spectrum at Plains Mennonite Church. This group gathers monthly to give and receive emotional and practical support as well as to exchange information, share stories, and be more effectively equipped with skills and insights to parent children on the Autism Spectrum.

**Heather Gingrich, Children and Youth Minister** gives overall leadership and coordinates the group.

**Catherine Heller, Ed.D.**, leads discussion and shares her knowledge and expertise around topics chosen by the group.

The group meets the second Friday of each month, 7-8 p.m., at Plains Mennonite Church.

**Contact Heather Gingrich to register or with questions:**

215-362-7640 or  
plainsmc@verizon.net

**Note:** Childcare provided with RSVP.

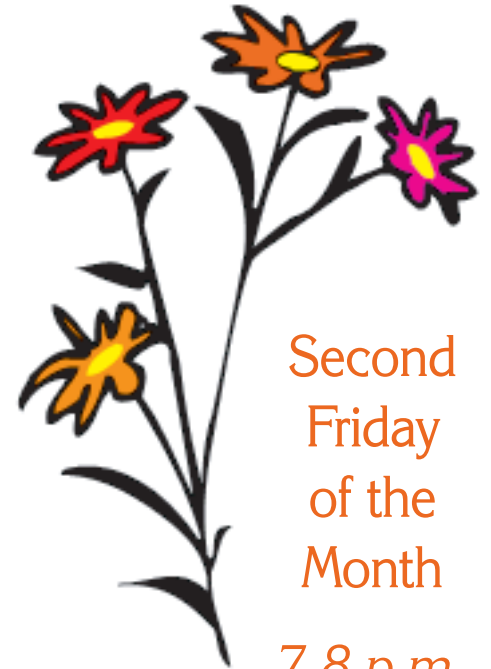
**Plains Mennonite Church**  
50 West Orvilla Rd, Hatfield, PA 1940

# Support Group

for

**Parents of Children  
on the  
Autism Spectrum:**

*From Autism to Aspergers*



Second  
Friday  
of the  
Month

7-8 p.m.

## Group Leaders

**Heather Gingrich**, is a member and the Children and Youth Minister at Plains Mennonite Church.

**Catherine Heller Ed.D.**, specializes in current best practices in the classroom for students diagnosed with Autism Spectrum Disorders. She is currently a teacher in the Souderton Area School District in the Intermediate Autistic Support classroom. She has a doctoral in Special Education from Arcadia University. Her studies focused on the brain structure of students with spectrum disorders, as well as the manifestation of executive functioning and best practices in teaching executive functioning skills.

Ms. Heller has worked with autistic spectrum disorders as both a teacher and a consultant for over 14 years. She has presented numerous workshops to parents and professionals and was a collaborative member in developing the Souderton School District Autistic program.

**“Let the little children  
come to me;  
do not stop them.”  
— Jesus  
(Mark 10:14)**

**The Support Group for Parents of  
Children on the Autism Spectrum is  
funded by Plains Mennonite Church.**

## Plains Mennonite Church

At Plains you will find women and men, young and old, seeking to live as faithful followers of Jesus Christ. The members at Plains are committed to caring for others, practicing peacemaking, and sharing God's love and resources in the local community and across the wider church and world.

### Church Contact Information

50 West Orvilla Road  
Hatfield, PA 19440  
215-362-7640  
plainsmc@verizon.net  
www.PlainsMennoniteChurch.org

### Sunday Services

9 a.m. Sunday School for all ages  
10:15 a.m. Worship Service

*Handicapped accessible.  
Hearing aids available.*

